

2024 SAILING PROGRAM

BASIC SAILING CLASS - MATE A

Basic Sailing Class Consists of:

- US Sailing "Learn to Sail Textbook"
- Two evenings of classroom instruction with US Sailing Certified Instructor
- One all day practical on the water lesson utilizing the "American 146 Day Sailor" and written exam
- **Classroom Instructions Include:**
 - Elements of Boating Safety
 - Parts of the Boat
 - Knot Tying
 - Sails and Sailing Theory
- **Practical Instructions Include:**
 - Sailing All Points of Sail
 - Leaving/Returning to Dock
 - Man Overboard & Capsize Recovery
- **After successful completion**, participants will be issued a:
US Sailing Certification Record Book
- **Certification Benefits:**
 - Access to rent Basic Sailing Qualified Sailboats at various Navy MWR programs around the world (*local policies and procedures may vary).
 - Access to rent the American 146 Day Sailor and "Aquacat" boats here at MWR Great Lakes
 - Nationally Recognized Skill Certification through US Navy Sailing Association and access to membership. (*This class does not provide a "US Sailing Certification". Certification is for "US Navy Sailing Association" only).
- **Classes Begin:**
Thursday 6-9pm • Friday 6-9pm • Saturdays 9am-3pm
Sundays 9am-12pm are built in weather backup days.



Military: \$200
Other: \$225

Class Schedule:

JUNE 6-9 • JUNE 13-16 • JULY 11-14 • AUGUST 15-18

July & August courses will have two class options available.

Option 1 – Thursday & Friday afternoons (2-5 pm), Saturday (9am – 3pm) and a weather back up day of the following Saturday.

Option 2 – Thursday & Friday evenings (6 – 9 pm), Sunday (9am – 3pm) and a weather back up day of the following Sunday.