NAVSTA GREAT LAKES MWR | MARINA

# 2024 SHILING PROGRAM JUNIOR SAILING CLASS

## Junior Sailing Class will offer a safe and fun environment for kids ages 10 – 15 to learn about sailing and water safety!

### **Classroom Instructions Include:**

- Safety Briefings (PFD & Helmet fittings)
- Group Games
- Knot Tying
- Familiarization of boats, sails and general sailing terminology
- Rigging, maneuvering tacking & jibing, and capsizing
- Racing
- Rules of the Road

#### **Practical Instructions Include:**

- Sailing drills on 14' American Sailboats to practice rigging, maneuvering – tacking & jibing, and capsizing
- Racing

#### **Classes Begin:**

Monday–Thursday 9am-3pm

Family picnic will be hosted on Thursday, August 1st in the afternoon.

## Class Dates: JULY 29–AUGUST 1 Military: \$185 Other: \$200

847-688-5417



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