

Spring SWIM LESSONS



6 WEEK SESSIONS

APRIL 2 – MAY 10, 2025

Held at Bldg. 440 – Indoor Pool

Total Session Cost

- **Military** (Active Duty, Reserves, Retired) **\$85**
- **DoD Civilians** **\$95**

Multiple Student / Family Discounts Available

Registration Opens Before First Class

- **Military** (Active Duty, Reserves, Retired) **2 Weeks Out**
- **DoD Civilians** **1 Week Out**

Registration Closes 2 Days Before First Class

Classes Based on Registrations/Participants

- Students Will Be Assessed During First Class



Schedule [over](#)



847-688-3419

NavyLifeGL.com

@NavyLifeGL
No Navy endorsement implied.

Learn to Swim

2025 Spring Session Schedule



First Class		Registration Opens	
		Military (Active Duty, Reserves, Retired)	DoD Civilians
Wed	4/2	3/19	3/26
Thu	4/3	3/20	3/27
Sat	4/5	3/22	3/29

Week #	Month	Days		
		Wednesdays	Thursdays	Saturdays
1	April	2	3	5
2		9	10	12
3		16	17	19
4		23	24	26
5		30		
6	May	7	8	10

Day	Program				
	Parent & Child	Pre-K 1	Pre-K 2	Youth LTS	Teen / Adult
Wed				4:00-4:45 pm	
				5:00-5:45 pm	6:00-6:45 pm
Thu				4:00-4:45 pm	
				5:00-5:45 pm	6:00-6:45 pm
Sat	9:00-9:45 am	10:00-10:45 am	12:00-12:45 pm	1:00-1:45 pm	3:00-3:45 pm
		11:00-11:45 am		2:00-2:45 pm	

Program	Ages	Ratio	Max Participants	Day	Time
Parent & Child	6m - 36m	w/ 1 Adult	12	Saturdays	9:00-9:45 am
Pre-K 1	3 - 5	1:4	8		10:00-10:45 am
Pre-K 2	4 - 5				11:00-11:45 am
Youth LTS	6 - 14	1:6	12	Wednesdays	4:00-4:45 pm
					5:00-5:45 pm
				Thursdays	4:00-4:45 pm
					5:00-5:45 pm
				Saturdays	1:00-1:45 pm
					2:00-2:45 pm
Teen / Adult	15 +			Wednesdays	6:00-6:45 pm
				Thursdays	6:00-6:45 pm
				Saturdays	3:00-3:45 pm
Private	4 +	1:1	1:1	Open	30 mins

For Additional Information

Call - Bldg. 440 at 847-688-3419

Email – grlkmwrsportsandfitness@us.navy.mil

Aquatics Manager – Adam Lilliebridge