



APRIL 2025 Training Calendar

NAVAL STATION GREAT LAKES
 525 FARRAGUT AVENUE BLDG. 26
 HOURS OF OPERATION: MON-FRI, 0730-1600
 CALL: (847) 688-3603 X 100
 CLASSES ARE FREE – REGISTRATION REQUIRED



FFSC EVENTS

EVENT:	DATE:	TIME:	LOCATION:
Month of the Military Child Proclamation Signing	Fri, Apr 4	0745-0830	Bldg. 3110
Parent Support: Kids Safety Fair	Sat, Apr 19	1100-1400	NEX
SAPR: Dash of Color Run	Wed, Apr 23	1630-1830	Ross Theater
Resource Fair: Spring Fest Sensory Movie	Sat, April 26	1500-1830	Epicenter

LIFE SKILLS

CLASS:	DATE:	TIME:	LOCATION:
MBMF Module 1: Stress Resilience	Tues, Apr 1	0700-0900	CNIC, LMS
MBMF Module 2: Mindfulness and Meditation	Tues, Apr 8	0700-0900	CNIC, LMS
MBMF Module 3: Living Core Values	Tues, Apr 15	0700-0900	CNIC, LMS
Stress Management	Tues, Apr 15	0900-1000	CNIC, LMS
MBMF Module 4: Flexibility	Tues, Apr 22	0700-0900	CNIC, LMS

RELOCATION / DEPLOYMENT SUPPORT

CLASS:	DATE:	TIME:	LOCATION:
Sponsorship Training	Tues, Apr 8	1000-1100	Bldg. 26
New Spouse Orientation	Thurs, Apr 10	1400-1600	Bldg. 26
Married in the Military	Tues, Apr 15	1400-1500	Bldg. 26
Smooth Move Workshop	Thurs, Apr 17	1400-1500	Bldg. 26

TRANSITION ASSISTANCE

CLASS:	DATE:	TIME:	LOCATION:
TAP 3 Day Core	Mon-Wed, Apr 14-16 Mon-Wed, Apr 28-30	0800-1630 0800-1630	Bldg. 617
Department of Labor Employment Workshop	Thurs-Fri, Apr 3-4 Thurs-Fri, Apr 17-18	0800-1600 0800-1600	Bldg. 617
Military to Civilian Transition Seminar	Mon, Apr 7	0800-1500	Bldg. 617
Career & Credential Exploration Track	Wed-Thurs, Apr 9-10	0800-1500	Bldg. 617
Capstone	Fri, Apr 11	0800-1200	Bldg. 617
TAP Open Forum	Every Wednesday	1100-1200	Adobe Connect

CAREER / EMPLOYMENT ASSISTANCE

CLASS:	DATE:	TIME:	LOCATION:
AI Resume Building – A Paradigm Shift	Fri, Apr 4	0800-0930	CNIC, LMS
Conquering Civilian Interviews	Tues, Apr 8	1815-1950	CNIC, LMS
Navigating LinkedIn	Mon, Apr 28	1200-1300	CNIC, LMS

EXCEPTIONAL FAMILY MEMBER PROGRAM

CLASS:	DATE:	TIME:	LOCATION:
Moving with EFMP	Wed, Apr 9	1500-1600	Bldg. 26
What is EFMP	Wed, Apr 16	1500-1600	Bldg. 26
Explaining the Overseas Suitability Screen Process	Wed, Apr 30	1500-1600	CNIC, LMS

PERSONAL FINANCIAL MANAGEMENT

CLASS:	DATE:	TIME:	LOCATION:
Thrift Savings Plan	Mon, Apr 7	1000-1230	Bldg. 27, USO
Demystifying Unemployment Compensation	Mon, Apr 7	1930-2030	CNIC, LMS
Car Buying Strategies	Thurs, Apr 10	1500-1600	Bldg. 26
Developing Your Spending Plan	Thurs, Apr 17	1500-1600	Bldg. 26
Touchpoint Talk: Continuation Pay	Thurs, Apr 18	1030-1130	CNIC, LMS
Tackling TSP: Your Playbook for Retirement Success	Wed, Apr 30	1200-1300	CNIC, LMS

NEW PARENT SUPPORT

CLASS:	DATE:	TIME:	LOCATION:
Playgroup	Every Tuesday	1000-1100	2630 Ohio Ave

For Classes through CNIC LMS, Please visit MyNavyFamily.com

- ❖ Financial Counseling
- ❖ Career Planning and Resume Writing, Review & Support
- ❖ Educational Assistance and volunteer opportunities
- ❖ Victim Advocacy for sexual assault, domestic violence, and child abuse victims
- ❖ Deployment support and planning
- ❖ Individual, Couple, Family and Child counseling
- ❖ Home visitations, education, and support for parents
- ❖ Exceptional Family Member Support (resources for adults and children with special needs)
- ❖ Relocation Planning (CONUS & OCONUS)
- ❖ Information and Referral (links to local resources)
- ❖ Emergency Preparedness Planning
- ❖ Resource room with computers available



How are we doing?
Please give us your feedback online at the Interactive Customer Evaluation (ICE)

DOMESTIC VIOLENCE: 1-800-799-7233
CHILD ABUSE HOTLINE: 1-800-25ABUSE (22873)
SAPR Hotline: (847) 489-8196